



CO L O R A D O

Department of Education

Child and Adult Care Food Program (CACFP)

Implementation Guidance for School Food Authorities

- **CDE Vision**

- All students in Colorado will become educated and productive citizens capable of succeeding in society, the workforce, and life.

- **CDE Office of School Nutrition Mission**

- The Office of School Nutrition is committed to ensuring all school-aged children have equal access to healthy meals by supporting, training, and connecting Colorado's child nutrition community.

CACFP and How It Applies To Your District

- On April 25, 2016, USDA released the Final Rule for the CACFP meal patterns
- If the preschool group eats fully separate from the K-5 grade group, schools must offer the CACFP meal pattern
- If the preschool group is combined with the K-5 grade group, the SFA has flexibility on which meal pattern to offer

Next Steps

- CDE will offer technical assistance throughout the implementation of CACFP and during Administrative Reviews
- Although you may operate the CACFP meal pattern for preschool only, you will still claim through NSLP/CDE
- CDE has fully aligned with the Colorado Department of Public Health and Environment (CDPHE) on the implementation process



COLORADO

Department of Public
Health & Environment

Colorado's Implementation of the CACFP Meal Patterns

Jessica Jones, DTR

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COLORADO
Prevention Services Division
Department of Public Health & Environment

Overview

Early stages for planning.

Implementation.

Training strategies.

Brief overview of meal pattern changes.

Resources



Early Stages of Planning

Analysis, grouping and prioritizing all provisions.

Implement low friction provisions first.

- Unflavored milk.
- One whole grain-rich item per day.

Wait for policy on difficult provisions or unanswered questions.

- Sugar limit in cereal
- Grain based desserts



Implementation

All provisions must be implemented by October 1, 2017

Early adoption is available for all provisions if you participate with the CACFP.

CDE does not have a early adoption form, this is for CACFP only.



Training strategies

First approach is the monthly email blasts.

<https://www.colorado.gov/pacific/cdphe/meal-pattern-policies-and-memorandums>

Update the regular monthly CACFP training materials.

Webinars for new provisions.

- Child and Adult



Meal Pattern Changes

- Breakfast cereal with more more than 6 grams per dry ounce
- Fruit and vegetables separate component (L/S/Snack)-
Vegetables do not need to be from different sub-groups
- Juice limited to once per day- CACFP Colorado policy is no more than 2x/week
- Yogurt with no more than 23 grams of sugar per 6 ounces
- Prohibit deep-fat frying on-site



Meal Pattern Changes cont.

- Unflavored milk to children 5 years and younger not allowed
- Meat/meat alternate may be served in lieu of grains at breakfast 3/week
- Tofu allowable- tofu products may require CN label
- Soy yogurt allowable as a meat/meat alternate

At-Risk only programs

- Extend offer versus serve



Meal Pattern Changes cont.

Grain Based Desserts no longer allowable on the program:

- Sweet crackers (graham crackers-all shapes, animal crackers)
- Cookies (plain, with nuts, raisins, chocolate pieces and/or fruit purees, includes vanilla wafers)
- Pie crusts (desserts pies, cobbler, fruit turnovers)
- Doughnuts (cake and yeast-raised, unfrosted, frosted or glazed)
- Cereal bars, breakfast bars, granola bars (plain, with nuts, dried fruit, and chocolate pieces)
- Sweet roll (unfrosted, frosted)
- Toaster pastry (unfrosted, frosted)
- Cake (all varieties, plain, unfrosted, frosted)
- Coffee Cake
- Brownies (plain)



Resources

Meal Pattern Resources from CDPHE-CACFP

<https://www.colorado.gov/pacific/cdphe/meal-pattern-policies-and-memorandums>



Questions?

